

Anglo-Saxon Spiral Rings



Materials:

Wire, 16 – 18 gauge, about 6 inches for ring size 8 or smaller, additional wire for larger sizes

Tools:

- Ruler
- Ring mandrel or dowel
- Wire cutters
- Long-nose pliers
- Vise
- Hammer
- File or wire smoother

Instructions:

1. Cut a length of wire as appropriate for the size of ring, minimum 6 inches.
2. Starting from the middle of the wire, use the mandrel to bend the wire into a circular shape.
3. Twist the ends around each other where they cross, to hold the ring in shape.
4. Remove the ring from the mandrel, and place the ring into a slightly open vise, with the twist at the top.
5. Carefully twist the two ends around each other, forming a spiral. Use a hammer as needed to keep the spiral flat and preventing overlap.
6. After 1 ½ turns, hammer lightly to flatten the spiral.
7. Bend each end of the wire down and around the ring. Use the pliers as necessary to keep the wire close to ring.
8. Trim any extra wire from the ends. File and smooth the ends, removing any sharp bits.

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