

Instructions for making Stuffed Felt Hearts (and other shapes)

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Supplies

Felt

Embroidery floss

Needle with large eye for embroidery floss

Pattern templates, see below. Templates are sized to fit on 3x5 cards.

Quilt batting for stuffing.

Optional decorations: stick-on gems, buttons, etc.

Patterns and examples



Make the Loop first. Step 3.



1. Trace your template on the felt and cut out two pieces of your shape. Cut 3 squares of batting that fit in the middle of the piece (no need to match shapes. The batting fluffs out the center only.)
2. Use a long piece of embroidery floss (all six strands. You want it to be thick) about 3 ft. Knot one end, not both.
3. Make the loop first. At the knotted end, make a 3 inch loop using an overhand knot. Sew the knot on the inside of one piece. Take another stitch in the same place to attach the second piece.
4. Begin to sew the two felt pieces together with a running stitch, about $\frac{1}{4}$ inch in from the edge.
5. After one inch or so of running stitch, place the stuffing between the layers and continue stitching.
6. Finish stitching all the way round. Knot thread and cut off extra.

Note: It's a good idea to add the optional decorations *before* stitching, when the felt can lie flat.

